



THE ROMAN CATHOLIC DIOCESE OF PHOENIX

January 21, 2020

RE: Monica Breaux PhD, MSW

To Whom It May Concern:

Dr. Breaux shares her *Wholly Men* program at no charge to any non-profit organization. She has brought healing and hope to many who suffer from sexual addiction. She offers training that is faithful to our Catholic teaching and helpful for both clergy and laity. I am happy to affirm the good work of Dr. Breaux.

AriseForHim.com is the website for her non-profit organization. In response to the pornography epidemic, Dr. Monica Breaux developed an intensive 15-hour program called *Wholly Men* to prepare men to be leaders against this plague. Ten of my diocesan priests share their personal insights in her online edition which includes information for wives and mothers who encourage chastity in their family.

As a speaker, she brings doctoral level expertise in sexual addiction and recovery. She was honored as the *2010 Catholic Social Worker of the Year* and then featured on Catholic TV and radio.

Dr. Breaux has demonstrated a genuine respect for the teaching of the Catholic Church on issues of human sexuality. She is able to articulate this sensitive and challenging topic in positive terms. Confident in her faithfulness to the Magisterium in her ministry and her personal life, I offer my endorsement of her and of her ministry.

Sincerely yours in Christ,

A handwritten signature in blue ink that reads "Thomas J. Olmsted".

+ Thomas J. Olmsted
Bishop of Phoenix